

# **FREESTONE ENDURANCE PREGNANCY AND NEW CHILD DEFERRAL POLICY**

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We recognize that a new addition to a family is team effort and taxing on both partners, and as such we want to support balance and equity during this time. We also believe that family is not a conventional term and is why this policy applies to families, regardless of gender.

## **Pregnancy/Young Family Policy**

A runner may defer their entry spot from the current year of the race to the following year provided they meet one of the criteria listed below:

- The runner becomes pregnant after entering the race.
- The runner or their partner gives birth to a child in the time between the runner entering the race and the deferral deadline.
- The runner adopts a child under the age of 5 in the time between the runner entering the race and the deferral deadline.

If a runner satisfies at least one of these criteria and wishes to defer, they may do so. The following rules apply to all deferrals:

- The deferral does not roll over the entry fee, trail work opt-outs, mile-to-dollars donations, or additional purchases.
- The deadline for requesting a deferral is 31 days before the race or as listed on the race website.

Please note that time periods for a deferral are designed to support runners and partners who experience changes AFTER they have registered for the race. A runner who is pregnant or has a new child prior to registration is not covered in this policy.

## **Why We Made this Policy**

When we made the original pregnancy policy, our goal was to support women and give them a way to balance the demands and uncertainties of pregnancy with the desire to race. After more consideration and getting to know our runners better each year, we realize that a new addition to a family is tough regardless of gender, family role, or how the child has entered the family.